

CASTILLO DENTAL CARE
HOME CARE INSTRUCTIONS FOR
TOOTH-COLORED FILLINGS

Eating: Refrain from eating for 2 hours and until the anesthesia has worn off. Children should be watched carefully and checked by touching the surrounding soft tissues to ensure the area is not numb prior to eating.

Discomfort: It is not unusual to have some discomfort after fillings. The gums may be irritated during the procedure, and, together with the injection site, may be sore for a few days. A moist, warm pad applied to the area may provide some relief.

Thermal Sensitivity: Sensitivity, especially to cold, is common for a time following a dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be. For the first few days avoid extremely hot or cold foods and beverages.

High Spots: The finished restoration may have a slightly different contour and texture than the original tooth. If your bite feels uncomfortable, you may have a high spot on your filling. If you suspect this, call our office to have the filling adjusted.

Home Care: Since teeth with restorations are still vulnerable to decay, it is important to resume regular brushing and flossing immediately. Daily home care and regulating your sugar intake will increase the longevity of your new fillings.

Should you have any questions about your treatment please contact our office.