

CASTILLO DENTAL CARE
HOME CARE INSTRUCTIONS FOR
ROOT CANAL THERAPY

Refrain from eating for at least 2 hours and until the anesthesia has worn off to prevent possibly injury to your lips and cheeks. This time interval will also allow the temporary filling to set to a reasonable hardness.

Because we expect your tooth to be sore to chewing and biting pressure you should avoid very hard or chewy foods. This should gradually decrease within 7-10 days after treatment. Be sure to take any antibiotic medication prescribed for you as it will help the area to heal. An analgesic may also be recommended for your comfort and can be taken as directed.

If you have any of the following signs or symptoms please call our office as these complications do not occur routinely:

1. A reaction to the prescribed medication
2. Increasing tenderness or swelling in the area surrounding the tooth
3. The temporary filling dislodges from the tooth
4. The tooth fractures

A crown should be placed within a short time interval after root canal therapy is completed unless advised otherwise.

If you have any questions or problems, please contact our office.